

BOMANI beach BUNGALOWS

SEMINAR

“Introduction to your new country - Tanzania”

Seminar Leader: Solfrid Gjengset/Edward Chinyuka

www.bomanibeachbungalows.com

Swahili classes

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FOUR DAYS SEMINAR

"INTRODUCTION TO YOUR NEW COUNTRY, Tanzania"

We will adjust the program according to your special needs - please tell us about it!

One sample on what we would like to offer you, except for unbelievable relaxation when you need to unwind just out of Dar:

1. GOAL

Within these four days you will

- a. get a short introduction to Tanzania's
 - i. history & culture
 - ii. politics today
 - iii. business etc
- b. learn how to speak Swahili - a good start is half the job!
- c. meet Tanzanian people in their genuine environment - in Mlingotini Village
- d. see how they earn for their living, educate their children and enjoy their off time in the village
- e. experience the traditional, Tanzanian food and how to cook the most common dishes
- f. enjoy the music, singing and playing and various arts
- g. learn how to dance the traditional way
- h. sail a traditional fishing boat - ngalawa
- i. swim in the Indian Ocean
- j. listen to the birds and the wind and the waves: an introduction to the marine nature

2. How to reach the goal

- a. Live at BOMANI for 4 nights, in the real Swahili environment in the fishermen's village Mlingotini
- b. Join the workshops - see the plan on the next page
- c. Come back to BOMANI later, to go deeper into your special subjects! Special offers!

Please enjoy the pictures & more info about Bomani here:

www.bomanibeachbungalows.com

INTRODUCTION TO YOUR NEW COUNTRY: HAKUNA MATATA!

THURSDAY

10.00: Meet & greet

10.30: History, politics....

12.00: Check in and have your first swim in The Indian Ocean?

13.00 - 14.00: Lunch

14.00 - 15.45: Basic Swahili 1

16.00 - 19.00: Village Walk

20.00: Dinner

FRIDAY

07.00 - 09.00: Breakfast buffet

07.40 - 08.10: Morning gathering at Mlingotini Primary School - just outside the gate.

Introduction to the school system.

09.15 - 11.15: Basic Swahili 2

11.30 - 12.45: WORKSHOP - Swahili food

- Pick the coconuts and prepare them
- Prepare the chicken & the fish
- Kasawa & Sweet potatoes
- Chapati & mandasi
- Salads
- Ugali & rice.....

13.00 - 14.00: Lunch - Swahili Style

14.00 - 14.30: Coffee - rest

14.30 - 16.30: Basic Swahili 3

16.30 - 18.30: Workshop and sales: Arts and crafts in the traditional house

19.30: Dinner

21.00: Ngoma Group - local dance the genuine way

SATURDAY

07.30 - 09.00: Breakfast buffet

09.15 - 11.15: Basic Swahili 4

11.30 - 12.45: Workshop of your choice:

a) Sailing in the lagoon with NGALAWA

b) Mangrove island - boat trip with DHOW

b) Sea weed Farming - Soap production

13.00 - 14.00: Lunch

14.00 - 15.00: Rest

15.00 - 19.00

WORKSHOPS (depending on demands from the group)

1. Politics
2. Business opportunities
3. Dance
4. Drumming

19.30: Dinner

21.00: Tegemeo Band from the village performs together with Salvador - professional Tanzanian entertainer from Dar. We invite the villagers to join us this night!

SUNDAY

08.00 - 09.45: Breakfast buffet

10.00 - 12.00: Basic Swahili 5

12.00 - on your choice:

- a) Trip to the sandbank with the BOMANI DHOW - incl. lunch
- b) Sailing in the lagoon - incl. lunch
- c) Relaxation at the beach - lunch in the restaurant or the beach bar

16.00 Officially end of seminar:

- Certificates
- Introduction and sign up to the following seminars:

- 1. Swahili - level 2**
- 2. Authors week end - English**
- 3. Dancing and drumming**
- 4. Traditional food**
- 5. Traditional massage**
- 6. Fishing and sailing**
- 7. Others?**

FOR WHOM?

Unique offers for

- Embassies
- Companies
- Private groups or persons who would like to have a smooth start in Tanzania

MORE TO COME - some few ideas:

- A week end out of town for everybody who are curious to know more about the culture and the country
- "Ladies day out of town" - mid week day to Bomani for relaxations and experiences of your choice. We provide transfers on request.

Ask us for a special offer.

- Professional massage
 - Yoga
 - Splendid food - special seafood dishes
 - Great variety of international drinks
 - Boat trips
 - for snorkelling
 - mangrove island trip
 - lunch on a sandbank...
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SWAHILI LESSONS - DETAILS

LESSON 1-10

Lesson 1

- A. COMMUNICATION – Greetings and introducing oneself
- B. GRAMMAR
 - 1) Personal pronouns(mimi, wewe, yeye
 - 2) Hapana/ndiyo
 - 3) Possessive pronouns roots, -angu, -ako, -ake.
 - 4) Commands (singular)
 - 5) Numbers (1-1000)
- C. EXERCISES
 - 1) Practising speaking with locals
 - 2) Commands
 - 3) Numbers
- D. CROSS CULTURE Importance of greetings

Lesson 2

- A. COMMUNICATION – To describe what someone is doing in Tanzania.
- B. GRAMMAR
 - 1) Tenses –na-, -ta-, -li-
 - 2) Subject prefixes (singular)
- C. EXERCISES
 - 1) Mix up sentences (game)
 - 2) Ask each other and speak with local

Lesson 3

- A. COMMUNICATION – Meeting friends
- B. GRAMMAR
 - 1) Use of the tense “me” (a) with the statives furahi, choka, chelewa and shiba
 - 2) Days of the week, months in a year and dates.
 - 3) Telling time
- C. EXERCISES
 - 1) Find a Tanzanian friend and ask questions
 - 2) Daily activities.

Lesson 4

- A. COMMUNICATION – Describing past events
- B. GRAMMAR
 - 1) Personal pronouns (plural)
 - 2) The use of time infix –ka- to describe a series of past events
 - 3) The use of “kwa”
- C. EXERCISES
 - 1) Simon says (commands)
 - 2) Bingo game (Tanzanian foods)
 - 3) Family tree
- D. CULTURE TAFUTA (Practicing speaking with Tanzanians)

Lesson 5

- A. COMMUNICATION
 - 1) To ask and answer simple questions

- 2) Daily activities
- B. GAMMAR
 - 1) Question words
 - 2) The useful construction penda, taka, enda, hitaji, elewa, jua, weza, and omba with nouns and infinitive Ku-
- C. EXERCISES
 - 1) Question and answer session on daily activities.
 - 2) Go-fish (Game)
 - 3) Home-work, “daily activities”
- D. CULTURE
 - Timing and Appointment

Lesson 6

- A. COMMUNICATION - Nyumbani kwangu (At my house)
- B. GRAMMAR
 - 1) Review of daily activities
 - 2) Negatives (present)
- C. EXERCISES Picking up –cards of nouns
 - 1) Question and answer
 - 2) Family tree (dada, kaka, mjomba, etc)

Lesson 7

- A. COMMUNICATION - At the market & In the shop
- B. GRAMMER
 - 1) Negative past
 - 2) Locatives suffixes –ko, -po, -mo
 - 3) Direction e.g. kushoto, Mbele, nyuma, juu, chini, katikati
- C. EXERCISES
 - 1) Students mini-drama (At the market and in the shop)
 - 2) Language out. (Market and shops)
- D. CULTURE – TAFUTA II

Lesson 8

- A. CONVERSATION – Mgeni nyumbani kwa Mtanzania
- B. GRAMMER
 - 1) -po- as “when”
 - 2) “isha” and “ja” (by using –me)
 - 3) “kuwa” as “to be” and “kuwa na” na “to have”
- C. EXERCISES
 - 1) Make sentences
 - 2) Pair up the meaning
 - 3) Twenty questions

Lesson 9

- A. COMMUNICATION - Rafiki yangu (My friend)
- B. GRAMMER
 - 1) M-/WA- noun class
 - 2) Adjectives-zuri, baya,-dog,-kubwa
 - 3) The verb “to be” & the verb “to have”
- C. EXERCISES

- 1) Flash cards
 - 2) Students role play (My friend)
- D. EXERCISES
- 1) Make sentences
 - 2) Pair up the meaning
 - 3) Twenty questions

Lesson 10

- A. COMMUNICATION – At the National Park, Entertainment
- B. GRAMMER
- 1) The use of '-nge- and -ngali-
 - 2) Colours –eupe,-eusi,-ekundu.
- C. EXERCISES
- 1) Question and answer
 - 2) Students narratives about their hobbies
 - 3) Students mini drama at the National Park
 - 4) Translation –Kisw. to Eng. & English to Kiswahli
 - 5) Vikatuni (Cartoon)
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How to find us.

1. Go New Bagamoyo Road to Zinga wa Tondoro, (15 km before Bagamoyo)
2. Go right vis a vis the Puma Station, see our sign.
3. In the first junction – see our sign, go right
4. Mlingotini Village – by the big, yellow office house, see our sign – go left
5. One more time to left by our sign
6. You see the school in front and our sign, follow the road to the right and you will see our sign and the gate!

WELCOME - KARIBU SANA!